

Suicide Prevention Week – Calendar of Events 2017

Aroostook County:

Fort Kent - September 9, 2017 – ***“Out of the Darkness”*** walk Starts at 9:00 AM at the Fort Kent Lion’s Pavilion (Registration is at 8:00 AM) - in Fort Kent (Stephanie Jandreau) Can also pre-register/donate at <https://afsp.donordrive.com/index.cfm?fuseaction=donorDrive.event&eventID=4708>

Out of Darkness Walk with “Have a Heart” board provided by ESS Stephanie and Judith for walk participants to write either positive affirmations or names of loved ones lost to suicide. There will also be suicide awareness ribbons and bracelets with the Helpline number on them.

All of Aroostook - September 9th to September 16th - PSA Radio Announcement for ***“Suicide Awareness Month”*** sponsored by Katahdin Bank (Maria)

Houlton – September 9, 2017 from 9:00 AM – 1:00 PM - Suicide prevention Awareness booth at the County co-op

Hancock County:

September 10th - Share the ribbon across social med (Alicia)

September 11th - Deliver books to local high schools (Ashley)

1. Please stop laughing at me
2. Workbook on Stress
3. Teen Depression
4. One for parents on Teen Depression

September 12th - Plan an event at a local high school to do Suicide Facts at lunch hand out T-Shirts (Ashley)

September 13th - Hand out suicide awareness cards to local professionals, law enforcement, teachers and therapists (Jami)

September 14th - Baked Goods and Suicide Prevention Resources, cards, candles, etc. (Liz)

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September 15th - Suicide awareness PSA (Barrett)

September 16th - Light a Candle for Down Town Merchants (Lisa)

*at 8:00pm, lights will be turned off in down town Ellsworth to see these candles.

*Ellsworth American will put this in the paper

Washington County:

Machias - September 6th and September 7th - AMHC will have a booth at the UM at Machias (Will) in collaboration with Stacey Cherry, LCPC -Mental Health Counselor -University of Maine at Machias

Machias and Calais - September 10th – Suicide Prevention Day – Light a candle by a window to show your support

Calais - Washington County Community College cafeteria (Jill)