

# 60



**AMHC**  
CELEBRATING 60 YEARS

**2024 AMHC  
Annual Report**

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Marks 40 Years

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AMHC Awarded \$4M  
Grant to Expand Services



In 2024, Aroostook Mental Health Services, Inc. (AMHC) proudly celebrated its 60th anniversary. Founded in 1964, the agency has become the largest behavioral healthcare provider in the region, with 27 service locations across Aroostook, Hancock, and Washington counties, serving individuals and families of all ages. The agency annually supports up to 5,500 outpatient and residential clientele, with a team of 350+ employees delivering a comprehensive range of services in mental health, substance use, crisis, sexual assault, prevention, brain injury, and programs for adults with developmental disabilities.

In 2021, AMHC was named a Certified Community Behavioral Health Clinic (CCBHC). Guided by the agency’s mission to provide integrated healthcare services that maximize an individual’s potential to recover and improve their quality of life, a CCBHC designation advances AMHC’s commitment to provide a patient-centered approach, characterized by a high degree of collaboration among the community and health professionals and led by the client as the focal point of all services. No individual is denied access to services due to an inability to pay. A discounted/sliding fee schedule is available based on family size and income.

AMHC is a National Health Service Corps (NHSC) host organization supporting individuals interested in entering the behavioral health field with loan forgiveness programs and internship opportunities. A designated Recovery Friendly Workplace Employer, AMHC is dedicated to offering a healthy, safe, and stigma-free work environment to eliminate barriers to recovery for those impacted by addiction.



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# Letter from Leadership: Celebrating 60 Years Making a Difference

## Expanding Services and Community Connections

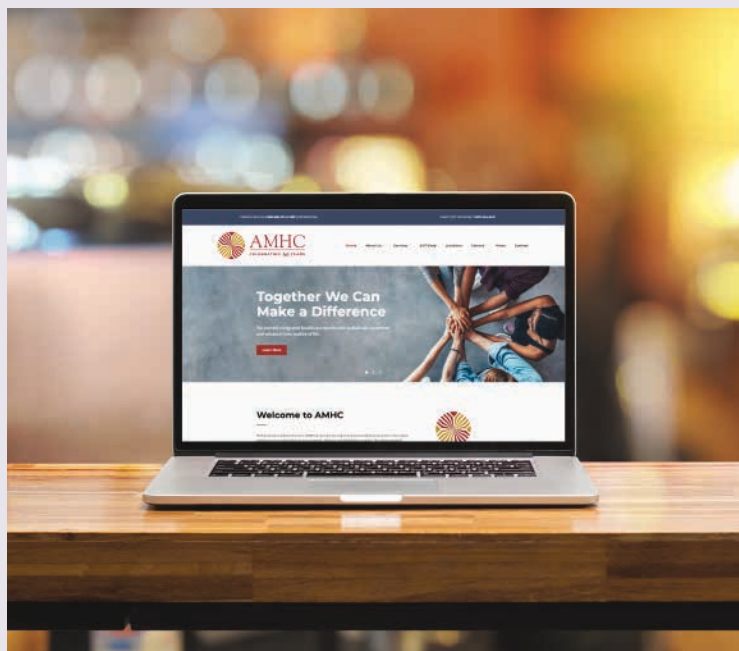
As AMHC celebrates our 60th anniversary, we reflect on the journey the agency has taken and the hundreds of thousands of lives impacted by our behavioral health services. Over the decades, your support has been instrumental in helping us provide vital resources and compassionate care to those in need.

Highlights of our anniversary year included:

- ✓ We celebrated the opening of our new residential treatment facility and our Ellsworth Outpatient Office.
- ✓ We received funding to expand our Certified Community Behavioral Health Clinic (CCBHC) model and to enhance services at our Calais facility.
- ✓ We held a staff appreciation day and provided a commemorative gift to honor our team.
- ✓ We launched a new website at [www.amhc.org](http://www.amhc.org).

This annual report shares this year's achievements, innovative programs, and the resilience of our clients and staff. Speaking of resilience, we take a moment to recall the devastating tragedy in Lewiston last October and thank our AMHC mobile crisis staff who supported law enforcement, schools, and organizations both within and outside of our service area. We are proud of our team and their desire to help during the most difficult times. We have taken strides to advance the important work of behavioral health and recognize there is still much work to do. Together, we can continue to foster hope, healing, and community connection.

If you are a client receiving services, a member of the staff, a board of director, a community partner, and/or a funder, we thank you for being an integral part of our mission. Here is to the next 60 years of making a difference and improving the well-being of our community.



Top Photo: Traci Peabody, RN, Chair, Board of Directors (left) and Ellen Bemis, CPA, Chief Executive Officer (right)

Bottom Photo: Explore our new website, launched August 2024, for enhanced resources and support.

## Board of Directors

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Chief Nursing Officer, Houlton Regional Hospital  
Houlton, Maine

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Tanya Sleeper, RN

Assistant Professor of Nursing, UMFK  
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Shawn Babin

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Partners, Ellsworth, Maine

Joshua Grass

Educator, Calais School Department  
Calais, Maine

Greg Disy

Businessman, Social Worker (retired)  
Caribou, Maine

Chris Hayes

Chief, Presque Isle Police Department  
Presque Isle, Maine



## A Special Thank You: 30 Years of Commitment

### Celebrating Three Decades of Leadership and Dedication

AMHC wishes to thank Dick for 30 years of devoted service to the organization and the people we serve. For three decades, Dick has shared his wisdom and insight and has selflessly given his time and energy.

“It is an honor to have Dick on our board for 30 years,” said Ellen Bemis, CEO. “In addition to his impressive years of service on AMHC’s board of directors, Dick has demonstrated his dedication in other ways, notably to individuals participating in services at our AMHC Residential Treatment Facility. Dick continues a long-held tradition of regularly visiting the facility to share his own story of recovery, bringing hope, comfort, and encouragement.”

In 1994, Dick joined the AMHC Board of Directors, and since that time, he has held a variety of positions, including board chair. AMHC has benefited from his 34-year career in Human Resources and his experience and service on other boards, including Maine Health Access Foundation and HealthInfoNet, of which he was a founding member.

“AMHC became known to me when Fraser

Paper developed its Employee Assistance Program,” shared Dick. “When I joined the board, I worked with Bob Vickers and Wes Davidson. I’ve continued all these years because I remain amazed by the staff and management of AMHC as they navigate the complexity of delivering an array of behavioral health services to the community.”

Dick retired from Fraser Paper, Inc. in 2007 as Manager, Human Resources. He also served our country for three years as a Radio Systems Officer in the U.S. Army. He was assigned duties in Germany and Vietnam, attaining the rank of Captain before finishing his active duty. Dick received his Bachelor of Science degree from Northeastern University. In retirement, Dick works part-time as an alternative dispute resolution professional. He resides with his wife, Lorraine, in St. Agatha.



# AMHC Leadership: Strengthening Mental Health Services

## A Team Committed to Serving and Strengthening Communities

At AMHC, our senior leadership team is dedicated to providing accessible, compassionate behavioral health and recovery support across Northern and Eastern Maine. By fostering innovation and collaboration, they ensure that our services meet the needs of communities in Aroostook, Hancock, and Washington counties.

Leading the way are (seated left to right) Michelle Ferris, LCSW, Chief Operations Officer; Christine Brown, LCSW, CCS, Program Director of Community Integration; Ellen Bemis, CPA, Chief Executive Officer; Clement Deveau, LCSW, CCS, Program Director of Behavioral Health & Integration for Hancock & Washington Counties; Debra Jacques, Director of Marketing & Development; (standing left to right) Julia Miller, Program Director of Prevention & Sexual Assault Services; Shannon Gove, LSW, MHRT-C, OQMHP, Program Director of Residential/Crisis Units in Washington County; Sarah Wright, LMSW-CC, Program Director of Crisis Services; Christy Daggett, MPP, Chief Financial & Administrative Officer; Brittany Ballard, Director of Human Resources; Julia Macek, LCSW, Program Director of Behavioral Health & Integration in Aroostook County. Dr. Henry Skinner, M.D., DFAPA, Medical Director, is absent from the photo. Together, this leadership team is committed to ensuring that AMHC remains a trusted resource, guiding the agency toward a brighter future for the communities we serve.



# AMHC Mobile Crisis Response Expands Community Presence

## Providers in Schools, Recovery Centers, and Law Enforcement Agencies

With the State of Maine contracting with AMHC for 24/7 mobile crisis response in Aroostook, Hancock, and Washington counties, AMHC expanded its reach by embedding crisis providers in community settings. “AMHC crisis providers support individuals in behavioral health crises through in-person, telehealth, phone, or chat,” says Sarah Wright, Program Director of Crisis Services. This year, AMHC piloted embedded programs at schools, recovery centers, and the Presque Isle Police Department (PIPD). Starting in May, a crisis provider is stationed daily at PIPD from 10 am – 10 pm, joining officers on calls involving potential behavioral health crises. PIPD Chief Chris Hayes noted, “Having someone out of uniform can help ease fears.” Other departments throughout the state are considering similar partnerships.



From left to right: Officer Nicole Dudley, AMHC Crisis Provider Charlie Hanning, and Officer Robert Rackham

# SAS Reaches Milestone 40th Anniversary of Support

Together for Healing and Justice: Thank You to Our Sponsors

In 2024, AMHC Sexual Assault Services (SAS) proudly celebrated its 40th anniversary, having started serving clients in 1984. Today, the program continues to offer a wide range of services, all at no charge—ensuring that there are no hidden fees and no costs to the individual or their insurance. SAS provides a 24/7 helpline for victims, survivors, and affected others and accompanies medical appointments, court hearings, and law enforcement proceedings. Additionally, the program provides prevention education and community awareness initiatives upon request, focusing on local schools, health fairs, and businesses. For children who have been allegedly sexually assaulted, the Aroostook and Downeast Children’s

Advocacy Centers offer a trauma-informed, evidence-based, multi-disciplinary setting where they can undergo a forensic interview that is admissible in court.

To celebrate this milestone, AMHC SAS hosted an 80s-themed Dance Party during Sexual Assault Awareness Month in April. We are grateful to the local businesses that contributed nearly \$7,500 to support this event.

The mission of AMHC Sexual Assault Services is to promote healing and justice for all who are affected by sexual violence through advocacy, education, and prevention, and we could not fulfill this mission without the generous support of our community partners. Thank you!



Sexual Assault 80s-themed Dance Party front row, from left to right: Wendy Page, Tammy Downes, Kelly Woolf, Katherine Bartlett, Toni Eastham. Back row, from left to right : Julia Miller, Lori Baggio, Elijah Weikel, Jodi Leach, Stephen Nason, Molly Baker

**Gold Sponsorship**  
Barresi Financial/Massachusetts  
Mutual Life Insurance

**Silver Sponsorship**  
Katahdin Trust  
United Insurance

**Bronze Sponsorship**  
Columbia Forest Products  
County Federal Credit Union  
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MMG Insurance  
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PNM Construction, Inc.  
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**Community Sponsorship**  
Chester M. Kearney  
Machias Savings Bank  
Presque Isle Rotary Club  
Soderberg  
Theriault Property Management  
Washburn Trail Runners



## Five-Year Impact

- ✓ New Clients: 1,770
- ✓ Ongoing Clients: 2,627
- ✓ Support Group Hours: 356
- ✓ Outreach: 1,056
- ✓ Prevention: 772
- ✓ Community Education: 557
- ✓ Total Client Contacts: 13,885



# Strengthening Recruitment Efforts Across Maine

## Bridging the Gap Between Education and Employment

AMHC Human Resources attended several recruitment events this year. Each was a vital touchpoint to attract, engage, and secure talent. From bustling career fairs at the National Association of Social Workers (NASW) and Maine Mental Health Counselors Association (MEMHCA) conferences in southern Maine to intimate recruitment sessions on local college campuses across our catchment area, each event was a unique opportunity to showcase AMHC and connect with potential candidates, who were eager to learn about our company culture, values, and opportunities. Our approach focused on filling positions and fostering genuine relationships to build our brand as an employer. Additionally, hosting job shadowing opportunities and internships provided a platform for students to interact directly with our teams. Feedback from students highlighted a strong interest in our internship program, indicating that we were attracting attention and inspiring potential future talent.



*Cory Tilley, HR Specialist, connecting with future talent at a recruitment event, showcasing AMHC's mission and opportunities.*



## Empowering Communities

### AMHC Strengthens Ties Through Outreach Activities

AMHC staff, including Eric “Joe” Finnemore (left), participated in numerous outreach activities and tabling events at health fairs, recruitment events, and school-based informational sessions. “Each year, the number of requests to participate in outreach events increases,” shared Deb Jacques, Director of Marketing and Development. “Educating our community on the behavioral health services provided locally is so important, and we’re grateful for the opportunity to attend events that allow us to do that.”

## AMHC Hosts Inspiring Day-Long Retreat for SUD Providers

### Sharing Successes and Tackling Challenges Across Three Counties



In August, forty staff members attended a day-long retreat for AMHC substance use disorder (SUD) providers from all three counties. Hosted at the University of Maine Presque Isle, the agenda offered team-building activities, networking opportunities, program report-outs sharing successes and challenges, and presentations by staff on harm reduction and rapid access to buprenorphine, client retention, complex cases and the importance of connection, and love and work. The day closed with the self-care practice of guided breathing and mindfulness.

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# AMHC Expands Residential Treatment Facility in Presque Isle

AMHC's Commitment to Recovery Grows with New Location



AMHC held an open house for its new Residential Treatment Facility (RTF) on December 1, 2023. The move from Limestone to Presque Isle enabled the RTF to expand from 12 to 18 beds and introduce enhanced services, including withdrawal management, improved nursing, care coordination, and discharge support.

Senator Susan Collins and Gordon Smith, State of Maine Director of Opioid Response, were guest speakers. Senator Collins shared: "AMHC has led the charge to empower those seeking treatment and recovery from substance use disorder in northern Maine for nearly sixty years," said Senator Collins. "It was a pleasure to

join them in the dedication of this wonderful new facility, which will allow them to meet the rising demand for their important services. As Vice Chair of the Appropriations Committee, I am committed to ensuring that the needs of Maine's people are met. Access to treatment is essential if we are to break the cycle of addiction."

This project was made possible with a \$1,000,000 award through the 2022 Congressionally Delegated Services funding request supported by Senator Susan Collins, a \$600,000 award through the State of Maine Department of Health and Human Services, which contributed 34% of the funding, and a \$150,000 allocation from an award through the Health Resources Services Administration Rural Communities Opioid Response Program\*.

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# AMHC Unites Services at New Ellsworth Location

Centralized Site Improves Access to Comprehensive Services



In December 2023, the Ellsworth Outpatient Office and Downeast Treatment Center combined services into one location at 70 Kingsland Crossing in Ellsworth. "We are pleased to offer AMHC services from a central location," said Ellen Bemis, CEO. "We are closer to city amenities, including other healthcare providers, retail stores, and more. In addition, by placing the Downeast Treatment Facility

and outpatient office under one roof, we make it easier for our clients to access a full range of behavioral health services, with an opportunity to expand and grow programming."

AMHC has been offering mental health, substance use, crisis, and sexual assault services in Hancock County since 2009. Thanks to a partnership with Downeast Treatment Substance Network (DSTN), a

partnership of organizations and community members in Downeast, Maine, the Downeast Treatment Center opened in 2018, providing a "hub and spoke" model of care for individuals with substance use disorder. A community open house and ribbon cutting were held on April 30, 2024, and included tours, program education, and refreshments.



# AMHC Grant Supports Health Navigator in Schools

## Improving Access and Connecting Families with Essential Care

The HRSA Behavioral Health Support grant from AMHC in 2022 allowed Jenn Libby to be hired as a school-based community health navigator at the Jonesport-Beals school system. As a trained public health worker, Jenn is a bridge between providers and individuals to promote health, reduce disparities, improve service delivery, and advocate for individual and community needs. She is responsible for promoting AMHC and other services by connecting clients and their families to tele-behavioral health and linking students and their families with other needed services. She collaborates closely with care coordinators and clinical support staff to ensure that students have access to services provided by the agency. Since her hire, Jenn has supported 53 students with 557 in-person and/or tele-behavioral health appointments. “Being a School-Based Community Health Navigator is more than just being another body in the building,” explains Jenn. “It’s about being the bridge to help fill the gap for families and services. It’s about being an advocate for what students and their families need. It’s about being a part of a community.”



## HRSA Grants Provide Education and Training to 300+

### Participants Gain Valuable Skills in Behavioral Health and Prevention

More than 300 individuals participated in the following opportunities made available through HRSA RCORP Implementation III and Behavioral Health Support grants\*:

- ✓ Since its launch in September 2023, Share Facts Save Lives (SFSL) has reached thousands through its website and social media channels about substance use disorder. Material is accessed through [ShareFactsSaveLives.org](https://ShareFactsSaveLives.org).
- ✓ Thirteen individuals received stipends while interning at AMHC. Internships in behavioral health are traditionally unpaid positions, creating financial barriers and reducing the potential number of students who select this field.
- ✓ In partnership with the University of Vermont Center on Rural Addiction, 23 providers from the Mi'kmaq Health Center participated in “Identifying Bias and Addressing Stigma in a Clinical Setting” by Peter Jackson, MD.
- ✓ Forty AMHC providers and staff members attended a retreat day (see page 6 of the report).
- ✓ Thirty-six Aroostook County youth and adult leaders participated in SUD Prevention/Resiliency trainings at Aroostook Teen Leadership Camp.
- ✓ During the 2023/2024 school year, AMHC’s Prevention Specialist provided 115 Hancock and Washington County high school students with evidenced-based Prime For Life and Botvin trainings.
- ✓ Nearly 200 providers from AMHC and Mi'kmaq Health Center participated in a tribal cultural competency training by John J. Dennis, MSling, BEdu, a member of the Mi'kmaq Tribe.
- ✓ Three AMHC staff members received Advanced Motivational Interviewing training, and nine received Eye Movement Desensitization Reprocessing (EMDR) training.

*\*This material is supported by the Federal Office of Rural Health Policy (FORHP), Health Resources and Services Administration (HRSA), U.S. Department of Health and Human Services (HHS) under grants #G41RH42873-01-00 and #G28RH46256-03-00. The information, conclusions, and opinions expressed in this product are those of the authors, and no endorsement by FORHP, HRSA, or HHS is intended or should be inferred.*

# Milestones and Partnerships: Highlights of AMHC Successes and Achievements

## CINR Earns 6th Consecutive Three-Year Accreditation for Excellence

The Center for Integrated Neuro Rehab (CINR) was again awarded a 3-year Accreditation, the highest accreditation rank. This is the 6th three-year accreditation award for the program. “This achievement is testimony to the consistent, high-quality service CINR staff has maintained since opening in 2007,” said Christine Brown, Program Director of Community Integration.



## ATLC Empowers Youth with Leadership and Substance-Free Living Tools

Nearly 40 campers and student staff members attended ATLC at the University of Maine Fort Kent. The camp once again hosted national presenters Ed Gerety, Matt Bellace, and Harriet Turk. All three presented the value of living substance-free and offered realistic tools to stay focused on sobriety and being leaders in one's community. Former State Representative/State Senator Justin Chenette also presented on “leadership at any age” through service to one's community. In addition, various local leaders presented workshops on several topics of interest to youth.

As part of ATLC's fundraising efforts, a music concert featuring Star City Syndicate was held at the Caribou Performing Arts Center in January. The event was organized by Doug Cronkite, a long-time ATLC volunteer and lead singer for the band. The venue costs were covered thanks to generous sponsorships from Gil's Sanitation and the Washburn Rotary Club. Additionally, the Rotary Club hosted a 50/50 cash raffle at the event, donating their portion to ATLC. The concert raised a total of \$4,000 for the cause.

ATLC is only possible with the generosity of its major funding sources. In addition to Star City Syndicate, other major funders include Maine Youth Action Network, Health Resources Services Administration (HRSA) Rural Community Opioid Response Program Implementation III grant, HRSA Behavioral Health Support grant, Harold Alfond Foundation, 1st District Masters & Wardens Association, Center Transportation, Center Farms, Garfield Royal ARCH Chapter #48, County Federal Credit Union, MMG Insurance, Jefferson Cary Foundation, and Presque Isle Rotary. Another two dozen organizations and businesses provided monetary and in-kind donations. All funds raised focus on positively promoting youth to inspire leadership potential and substance-free living.

## Calais Facility Expansion Secures \$4.3 Million in Federal Support

AMHC has received approval for a \$4.3 million Congressionally Delegated Spending (CDS) appropriation, with support from Maine Senators Susan Collins and Angus King. This funding will support an expansion of the Calais facility, helping to enhance treatment outcomes for both adults and children in the Calais residential and crisis stabilization units. The funds will also improve the heating and cooling systems and replace the parking lot. Construction is scheduled to begin in Spring 2025, with completion expected by the end of the year.



## AMHC CEOs Reflect on Enhancing Mental Health Support

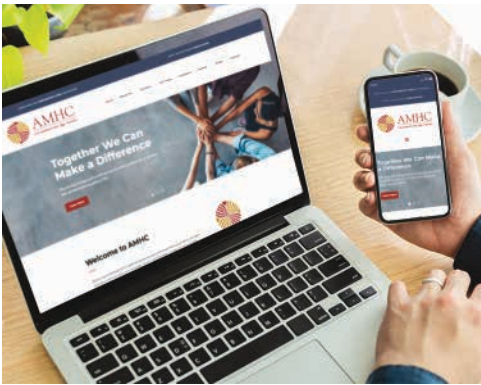
Nicholas Bozzo from the Mental Health Risk Retention Group recently visited Aroostook County, where he reconnected with past and present CEOs of AMHC. From left to right in the accompanying photo: Bozzo; Wes Davidson and Greg Disy, former CEOs; and Ellen Bemis, current CEO. Over the years, Bozzo has built strong relationships with AMHC leaders, all united by a shared mission to improve mental health services. Bemis, who also serves as the Treasurer for the Mental Health Risk Retention Group, played a key role in the meeting. “This was a great evening to come together and reflect on AMHC's history and commitment to behavioral health services in the region,” said Bemis. Bozzo's visit strengthened these connections and highlighted their collaborative efforts to enhance mental health services in Maine.



AMHC Launches New Website to Enhance Service Access

In August 2024, AMHC proudly launched its newly redesigned website, AMHC.org. Featuring a modern, user-friendly design, the site offers improved navigation and valuable information about AMHC’s mission and services. Key updates include mobile optimization, detailed service descriptions, downloadable resources, and easy access to helplines.

“We’re excited to provide a platform that enhances access to support and keeps the community informed,” said Deb Jacques, Director of Marketing and Development. Visit AMHC.org today to explore the full range of services and resources available.



Partnership with Opiate Free Island Partnership Brings Awareness to SUD

In partnership with Opiate Free Island Partnership, last October, AMHC supported 120 students from the Stonington and Deer Isle schools with a local viewing of Jacinta, a documentary that follows the recovery of a family in which the mother and daughter both have a substance use disorder and spent time at the Maine Correctional Center. Sixty percent of the student body identified someone in their household had or is in recovery with a substance use disorder.

AMHC Secures \$4 Million Grant to Expand Behavioral Health Services



AMHC has been awarded a four-year, \$4 million Certified Community Behavioral Health Clinic (CCBHC) Improvement and Advancement (IA) Grant from the Substance Abuse and Mental Health Services Administration (SAMHSA). Starting on April 30, 2024, this funding builds on AMHC’s previous CCBHC grant and will help expand and improve services, particularly for underserved populations.

A key focus of the grant is the addition of new care coordination positions, including a specialist for veterans. This funding will enable AMHC to continue providing a wide range of essential services directly and through partnerships. These services include crisis support, screening, diagnosis, risk assessments, psychiatric rehabilitation, and outpatient primary care screenings. The grant will also enhance targeted care management, peer and family support, counselor services, and community-based mental health care for veterans. Additionally, it will support individualized treatment planning for clients and their families and ongoing outpatient mental health and substance use services. With this support, AMHC will be better equipped to provide comprehensive, accessible behavioral health care, ensuring more individuals can access the necessary resources.

# AMHC Service Awards: Honoring Years of Dedication and Commitment

Celebrating the Lasting Contributions of Staff and Board Members to AMHC's Success

AMHC is pleased to recognize **33 staff** and one member of the board of directors for their milestone anniversaries. Combined, these individuals have provided **375 years** of service to AMHC, its clients, and community. We celebrate their tremendous accomplishments and thank each one for their service!

## 5-Year Service Awards

Jeanie Abbott

*Administrative Support Specialist, Caribou Outpatient*

Charity Anderson, OQMHP-C-PNMI, BHP

*Child Activities Coordinator, Calais Residential Unit*

Amanda Barrows, LCSW

*Therapist-Consultant (OP), Calais Outpatient*

Michelle (Roy) Bell, PPSP

*Family/Youth Peer Support Specialist, Caribou Outpatient*

Ellen Bemis, CPA

*Chief Executive Officer, Central Administration, Presque Isle*

Jessica Bondeson, OQMHP

*Family Visitation Supervisor, Presque Isle Outpatient Office*

Christy Daggett, MPP

*Chief Financial & Administrative Officer, Central Administration, Presque Isle*

Cindi Hanning

*Family Visitation Scheduler/Aroostook County/VSW, Houlton Outpatient*

Debra Jacques

*Director of Marketing & Development, Central Administration, Presque Isle*

Robin McNally, MHRT-C

*Adult BHH/Community Integration Specialist, Houlton Outpatient Office*

Krystal Murphy

*Peer Support/Volunteer Coordinator, Calais Outpatient Office*

Brenda Nadeau-Deveau, MHRT-C, RN, LSW

*BHH Nurse Care Manager, Calais Outpatient Office*

Samantha Stickney, MHRT-1

*Residential Counselor / Shift Lead, Skyhaven*

Ryan Woollard

*Accounts Receivable Specialist, Central Administration*

## 10-Year Service Awards

Cheryl Bachelder, RN, MHRT-C

*Care Coordinator, Machias Outpatient*

Amy Day, MHRT-CSP, OQMHP-C-PNMI

*Substance Use Peer Recovery Center Manager, Downeast Recovery Support Centers Calais and Machias*

Shannon Gove, MHRT-C, OQMHP-C, LSW

*Director of Adult & Children's Crisis & Residential Services, Calais Outpatient*

## 15-Year Service Awards

Tammy Barnhart, LSW, LADC, CCS

*Substance Use Counselor (OP), Presque Isle Outpatient*

Brahim Bethi, MHRT-I, OQMHP-PNMI, CIPSS, ESS, DSP

*SJVA Program Manager, St. John Valley Associates*

Sharon Carroll, LCSW, MHRT-CSP, CADC

*Therapist-Consultant, Ellsworth Outpatient*

Brandy Cushing, OQMHP-C-PNMI, BHP, MHRT-C, CADC, Ed Tech III

*School-Based Behavioral Health Professional, Calais Alternative School*

Ricky Devoe, OQMHP-PNMI, MHRT-1

*Residential Counselor, Calais Adult Crisis Stabilization Unit*

Tricia Farrell, BHP, OQMHP-C-DT

*School-Based Behavioral Health Professional, Calais Alternative School*

Tonia Griffin, MA, MHRT-CSP, OQMHP-C-PNMI

*Psychometrician, Calais Outpatient*

Colby Hallowell, BHP

*School-Based Behavioral Health Professional, Calais Alternative School*

Troy Lee, OQMHP-PNMI/DT-BHP

*School-Based Behavioral Health Professional, Calais Alternative School*

Debra O'Neill, OQMHP-C-PNMI, MHRT-1

*Behavioral Coordinator, Calais Alternative School*

Ruth Osborne, OQMHP-C-DT, BHP

*School-Based Behavioral Health Professional, Calais Alternative School*

Jason Redding, BHP, OQMHP-PNMI

*School-Based BHP, Calais Alternative School*

Katherine Rice, LCPC, Psy.D.

*Therapist-Consultant (OP), Calais Outpatient*

Cathy Sawtelle, OQMHP-PNMI, MHRT-1, Prov. BHP

*Children's Residential/Crisis Unit Manager, Calais Children's Residential/Crisis Unit*

Lauren Simpson, LCSW

*Therapist-Clinical Consultant, Calais Alternative School*

## 20-Year Service Award

Clem Deveau, LCSW, CCS

*Director of Behavioral Health & Integration Services, Hancock/Washington Counties*

## 30-Year Service Award

Richard (Dick) Marston

*Board Member, Fraser Papers, Inc. (Retired)*





## Community Giving: AMHC Staff Continue a Tradition of Giving Back

AMHC and Local Partners Join Forces to Support Neighbors in Need

AMHC employees have a rich history of giving back to their communities; this past year was no exception. Employees spearheaded an online giving tree, collected and distributed Thanksgiving boxes, hats and mittens, food and clothing, and so much more. They received support from local businesses and community members to make life better for others. Thanks to their efforts, hundreds of children and adults knew that people cared for them and their needs!



Staff at the AMHC Caribou offices, including outpatient, Peer Center, and IT, worked together to collect enough food and gift card donations to provide 45 families with food boxes for Thanksgiving, feeding a total of 154 individuals.



Staff members from AMHC's Caribou Outpatient location collected and delivered presents for the TOYS FOR TOTS program. Their efforts, in partnership with this wonderful organization, helped bring joy to children in our community.



Aroostook Children's Behavioral Health Home and Home and Community Treatment Team supported 79 families and 179 children in their first-ever online giving tree for Christmas.



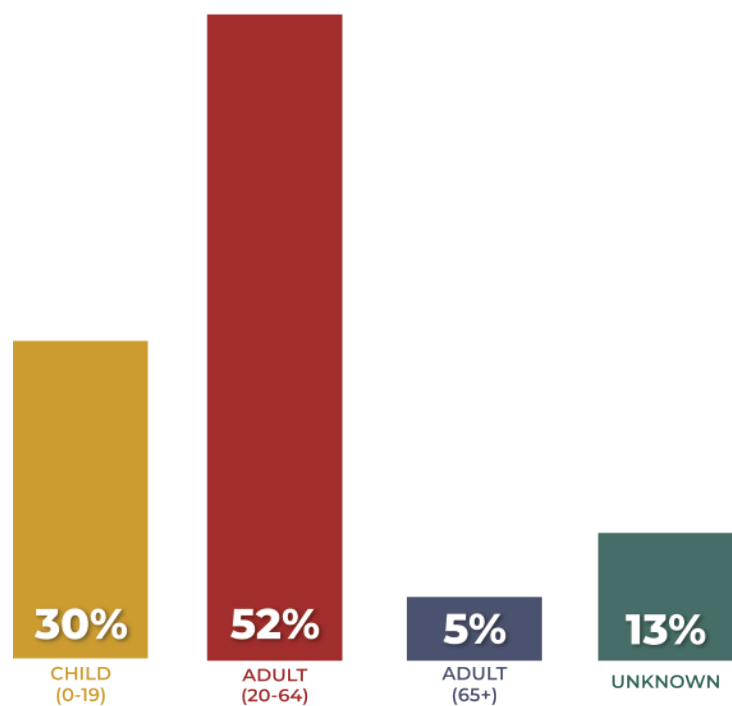
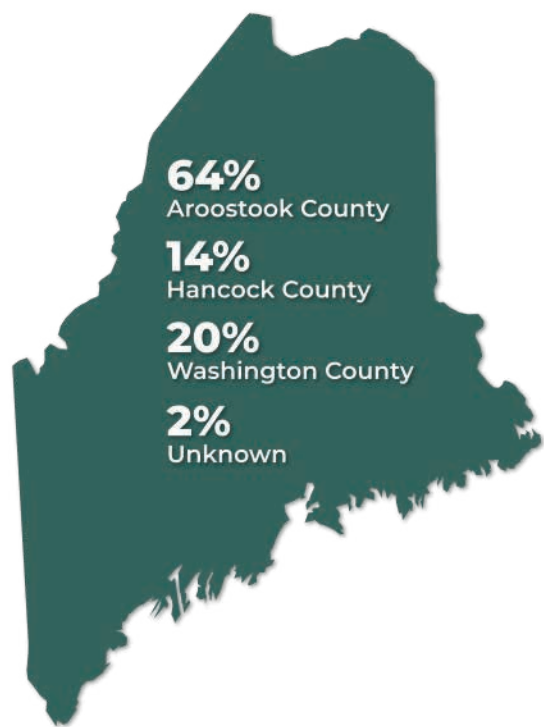
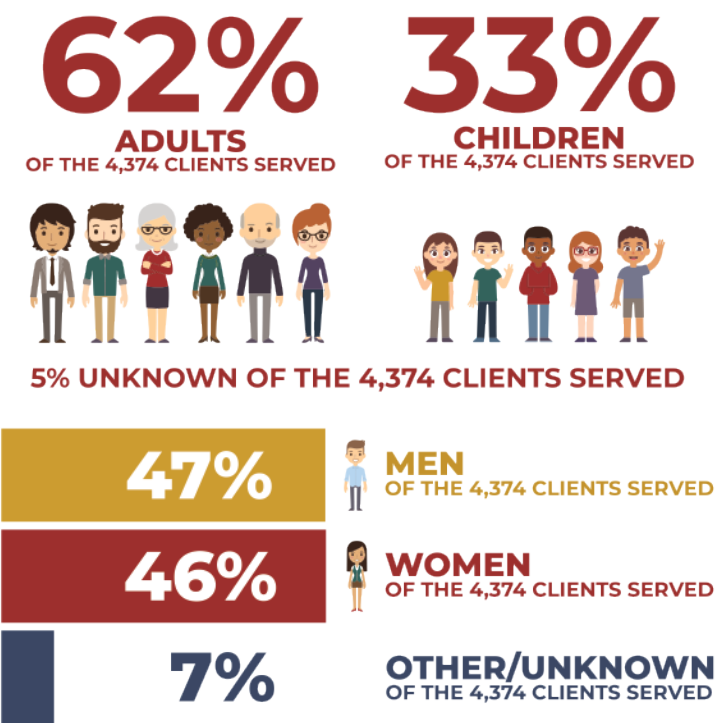
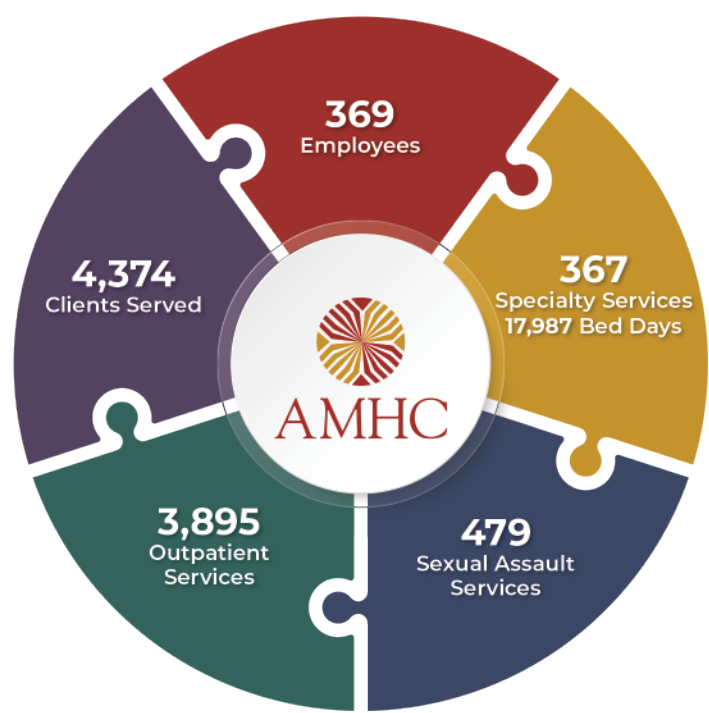
Each year, Calais Children's Residential Treatment and Children's Crisis Stabilization Unit staff collect gifts for the children on their units to help brighten their Christmas away from loved ones.



Downeast Recovery Support Centers in Calais and Machias, Aroostook Recovery Center of Hope in Houlton, and Roads to Recovery in Caribou provide food, clothing, and other supplies year-round to individuals who come to the centers seeking support and resources. The communities and neighbors where the centers are located generously assist with donations.

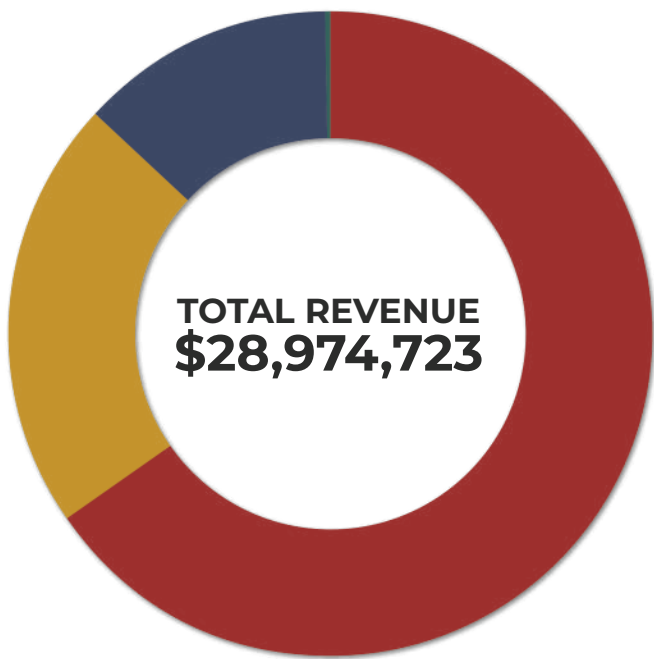


# 2024 Impact Report

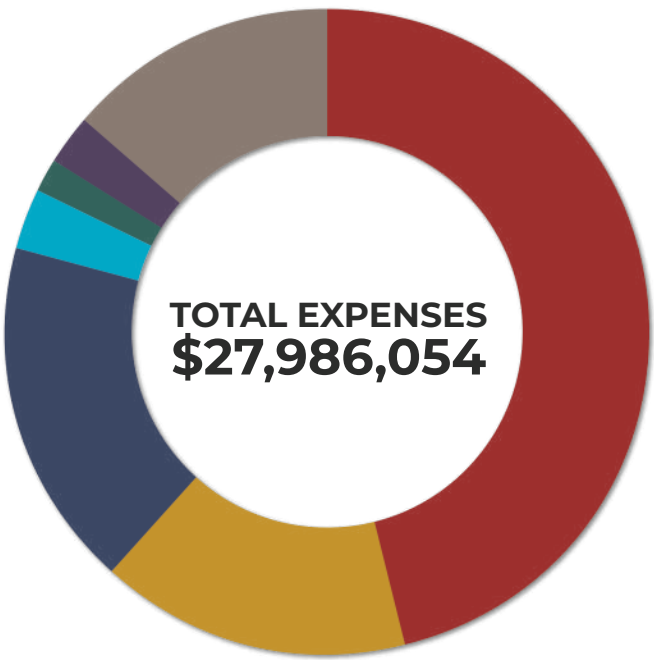




# 2024 Financial Report

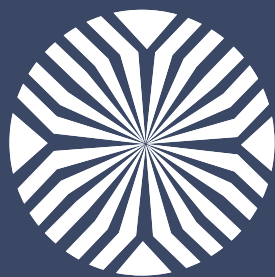


Direct Revenue.....	\$18,965,240
Grant Revenue.....	\$6,230,642
Other Income.....	\$3,738,170
Interest Income.....	\$40,671



Outpatient Services.....	\$12,969,403
Residential Services.....	\$4,343,904
Crisis Services.....	\$4,872,259
Sexual Assault & Prevention Services.....	\$835,232
Community Integration.....	\$526,436
CINR/Rehab Services.....	\$631,497
<b>Total Program Service Expenses</b>	<b>\$24,178,731</b>
Administration and General.....	\$3,807,323

FY24 data represents unaudited financials.



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