



CRISIS SERVICES

Emergency Response to a Behavioral Health Crisis for
Aroostook, Hancock, and Washington Counties.



AMHC

www.amhc.org

You are not alone.
Support is available to get you through this.

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OUR SERVICES

AMHC offers 24/7 crisis services across Aroostook, Hancock, and Washington counties, available at home, in the community, and through telehealth. Additionally, during business hours from 8 a.m. to 5 p.m., crisis services are accessible at any AMHC outpatient office in Fort Kent, Madawaska, Caribou, Presque Isle, Houlton, Calais, Machias, and Ellsworth. These services encompass mental health and substance use assessments, safety planning, and necessary referrals for further support.

988 Lifeline

The Lifeline offers 24/7 call, text, and chat access to trained crisis counselors who can help people experiencing suicidal, substance use, and/or mental health crisis, or any other kind of emotional distress.

Mobile Crisis Response

Individuals meet with providers in their home or other community setting to establish a safety plan and provide appropriate interventions.

Crisis Stabilization

For those in need of ongoing crisis support, crisis stabilization services can be offered for up to 60 days after an initial assessment.

Crisis Stabilization Units (CSU)

Voluntary, short-term residential settings for adults in Presque Isle and Calais.

Critical Incident Stress Debriefing (CISD)

Support for individuals or groups who have been exposed to a traumatic event.



AMHC

For more information visit:
www.amhc.org/services/crisis

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While AMHC regularly updates printed materials, for the most up-to-date information, contact AMHC's 24/7 Call Center at 1-800-244-6431 or visit amhc.org. AMHC services are supported in part by the Maine Department of Health and Human Services.